



O'Hara Catholic School

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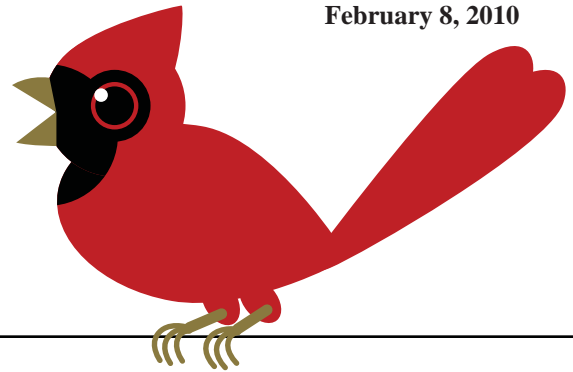
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cardinal call

February 8, 2010



Enter to learn. Go forth to serve.

PRINCIPAL'S CORNER

Dear Friends,

The teachers from across the Archdiocese participated in a Faith Formation Day last Friday. Our speaker reminded us that in order to help develop the faith of our children, parents and teachers must be faithfully attending to their own spiritual development. He used the analogy of an airline steward instructing parents to put their own oxygen masks on before assisting their children. We always hear that we can't help others if we don't take care of ourselves first. And so it is with the spiritual development of our children.

Parents choose O'Hara Catholic School because they want to give their children every opportunity to be formed in faith. We work together to help our children become good and holy people who will be eternally rewarded. Because O'Hara parents and teachers desire the best for our children, we are reminded to look within ourselves and ask ... Is my own faith development a priority in my life? Is my own faith continuously maturing? Am I ensuring that my children see the importance of God and prayer in my own life? How often does our family discuss faith and our relationship with God? How much time does my family spend together in prayer?

With Lent arriving in about a week (on Wednesday, February 17th), the next several days would be a good time for parents to begin discussing with their children how they might

grow closer to God during this holy season. Our families are encouraged to design a plan that will help make these forty days leading to Easter ever more meaningful for all members of the family.

The Lenten season is traditionally a time for prayer, fasting, and almsgiving. It is also a time of hope, reflection, and commitment. Lent offers us the perfect opportunity for soul searching and experiencing the grandeur of God in our lives. Lent is a season of personal rebirth like the earth experiences during spring. During Lent, God is calling us to a "change of heart".

What will your family do for Lent this year? How can O'Hara assist you? There are endless resources online, at the parishes, and here at O'Hara. Your family might want to read the Bible together each day, or pray the rosary, or discuss and meditate on a different Station of the Cross. You might want to choose a charity to support as a family. Perhaps you will attend church and Lenten services as a family more often. Your family might choose to deny yourselves some material goods, using the money to help the less fortunate. As your family discusses Lent this week, please let us know how we can help.

Throughout the holy season of Lent, O'Hara will be providing resources for our families. Some information can be found of Page 4 of today's Cardinal Call.

Wishing you a holy week,
Dianne Bert

STUDENT ACTIVITIES



SCIENCE FAIR

The students have completed Steps 1 & 2. Experiment **results** (paragraph with tables, graphs and/or charts) are due no later than Thursday, February 11th. Project **Conclusion and Report** are due no later than Thursday, February 18th. Has your child picked up a tri-board from his/her teacher yet? If parents want to help with the Science Fair, please call the front office. Thank you!

Step	Description	Deadline
3	Results (with tables, graphs, and/or charts)	2/11/2010
4	Project Report	2/18/2010
5	Completed Project folders and tri-board displays	2/22/2010

SPELLING CONTEST

O'Hara students again will be participating in the Lane County Spelling Contest. Students in 1st through 8th grades who wish to participate are asked to please return the permission slip that was sent home last week. Thank you!