



# Gluten Free, Dairy Free, Vegetarian Alternate

## FEATURE OF THE MONTH

### Don Pancho Authentic Mexican Foods

Based in Salem OR, Don Pancho was founded in 1979 by the Puentes family so that they could offer customers the delicious, authentic Mexican foods the family loved. Made with premium ingredients and a commitment to quality that's been passed down through generations, Don Pancho has also partnered with school nutritionists to develop whole grain products for school meal programs. They meet USDA nutrition guidelines while also maintaining the flavors students love!

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
									1 Lunch: (V, GF, DF) GF/DF Perfect Picnic Pack
	4 Lunch: (V, GF, DF) GF/DF Premium Protein Pack	5 Lunch: (V, GF, DF) DF Mexican Bean & Rice Bowl	6 Lunch: (V, GF, DF) GF SunButter & Jelly Sandwich, Hardboiled Egg	7 Lunch: (V, GF, DF) DF Vegetarian Taco Salad	8 Lunch: (V, GF, DF) GF/DF Perfect Picnic Pack				
	11 Lunch: (V, GF, DF) GF/DF Premium Protein Pack	12 Lunch: (V, GF, DF) DF Mexican Bean & Rice Bowl	13 Lunch: (V, GF, DF) GF SunButter & Jelly Sandwich, Hardboiled Egg	14 Lunch: (V, GF, DF) DF Vegetarian Taco Salad	15 Lunch: (V, GF, DF) GF/DF Perfect Picnic Pack				
	18 Lunch: (V, GF, DF) GF/DF Premium Protein Pack	19 Lunch: (V, GF, DF) DF Mexican Bean & Rice Bowl	20 Lunch: (V, GF, DF) GF SunButter & Jelly Sandwich, Hardboiled Egg	21 Lunch: (V, GF, DF) DF Vegetarian Taco Salad	22 Lunch: (V, GF, DF) GF/DF Perfect Picnic Pack				
	25 Lunch: (V, GF, DF) GF/DF Premium Protein Pack	26 Lunch: (V, GF, DF) DF Mexican Bean & Rice Bowl	27 Lunch: (V, GF, DF) GF SunButter & Jelly Sandwich, Hardboiled Egg	28 Lunch: (V, GF, DF) DF Vegetarian Taco Salad	29 Lunch: (V, GF, DF) GF/DF Perfect Picnic Pack				

DF - Dairy Free

GF - Gluten Free

V - Vegetarian

ALL MEALS ARE SERVED WITH FRESH FRUITS AND VEGETABLES  
ALL MEALS ARE SERVED WITH A VARIETY OF MILK

*This institution is an equal opportunity provider.*